Our Autumn / Winter menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Over 75% of our dishes are homemade and freshly prepared using tried and tested traditional recipes we know children will love and there's always seasonal fresh fruit, salad and vegetables available daily along with a bread basket and a choice of drink.

Percy Pea Pod packed lunches are also available on request and subject to the schools requirements.

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	Monday		Tuesday		Wednesday		Thursday		Friday	
t Meal tions	Cheese Flan Homemade cheese flan served with wholewheat pasta salad and seasonal vegetables	Jacket Potato Jacket potato served with a choice of filling and chopped salad	Cottage Pie Minced beef with creamed potato topping served with seasonal vegetables	Chefs Special Chicken Curry of the Day Chicken curry and Tilda rice served with naan bread	Roast of the Day Roast of the day served with gravy, roast potatoes and seasonal vegetables	Jacket Potato Jacket potato served with a choice of filling and chopped salad	Cheese Whirl Homemade cheese whirl served with potato wedges and baked beans	Paprika Chicken Paprika chicken served with vegetable rice	Fish and Chips Harry Ramsdens oven baked fish fillet in batter served with oven baked chips and garden peas	Crispy Chicken Wrap Crispy chicken fillet in a flour tortilla served with oven baked chips and sweetcorn
old ption	Toasties Toasties served with a variety of filling and chopped salad		Sandwiches Assorted filled sandwiches served with unlimited salad from the salad bar		Wrap Assorted filled wraps with a choice of cheese, ham and tuna filling and chopped salad		Sandwiches Assorted filled sandwiches served with unlimited salad from the salad bar		Baguette Assorted filled small baguette with a choice of cheese, ham and tuna filling and chopped salad	
ssert	Carrot, banana and orange cream scone / Fresh fruit / Yogurt / Homemade biscuit		Chocolate crunch / Fresh fruit / Yogurt / Homemade biscuit		Vienna whirl / Fresh fruit / Yogurt / Homemade biscuit		Traditional rice pudding and sultanas / Fresh fruit / Yogurt / Homemade biscuit		Apple crumble and custard / Fresh fruit / Yogurt / Homemade biscuit	
	Monday		Tuesday		Wednesday		Thursday		Friday	
t Meal tions	Cheese and Tomato Pizza Homemade cheese and tomato pizza slice served with potato wedges and chopped salad	Jacket Potato and Tuna Jacket potato served with a fresh tuna filling and chopped salad	Chefs Special Chicken Curry of the Day Chicken curry and Tilda rice served with naan bread and sweetcorn	Savoury Muffins Homemade savoury muffins served with potato wedges and baked beans	Homemade Minced Beef Pie Homemade minced beef and onion pie served with new potatoes carrots and gravy	Theo's Flavoured Chicken Wraps Theo's flavoured chicken served in a tortilla wrap with herby diced potatoes and chopped salad	Pasta Bolognaise Homemade pasta Bolognaise served with garlic bread	Jacket Potato Jacket potato served with a choice of filling and chopped salad	Fish Fingers Oven baked Birds Eye fish fingers served with creamed potato and garden peas	Beef Burger 100% beef burger on a bun served with oven baked chips and garden peas
old ption	Sandwiches Assorted filled sandwiches served with unlimited salad from the salad bar		Wrap Assorted filled wraps with a choice of cheese, ham and tuna filling and chopped salad		<b>Toasties</b> Toasties served with a variety of filling and chopped salad		Baguette Assorted filled small baguette with a choice of cheese, ham and tuna filling and chopped salad		Sandwiches Assorted filled sandwiches served with unlimited salad from the salad bar	
ssert	Pineapple upside down cake and custard / Fresh fruit / Yogurt / Homemade biscuit		Homemade ginger bread / Fresh fruit / Yogurt / Homemade biscuit		Homemade chocolate muffin / Fresh fruit / Yogurt / Homemade biscuit		Cornflake tart and custard / Fresh fruit / Yogurt / Homemade biscuit		Homemade carrot cake / Fresh fruit / Yogurt / Homemade biscuit	
			Tuesday		Wednesday		Thursday		Friday	
	Southern Style Chicken Wrap Fresh chicken fillet with a southern style crispy crumb coating served in a tortilla wrap with herby diced potatoes and chopped salad	Jacket Potato Jacket potato served with a choice of filling and chopped salad	Chefs Special Chicken Curry of the Day Chicken curry and Tilda rice served with naan bread and sweetcorn	Cheese Whirl Homemade cheese whirl served with creamed potato and sweetcorn	Roast of the Day Roast of the day served with gravy, roast potatoes and broccoli	Chilli Con Carne Beef chilli con carne served with Tilda rice	Lasagne Homemade lasagne layers of mince beef and pasta topped with cheese sauce served with garlic bread and chopped salad	Jacket Potato Jacket potato served with a choice of filling and chopped salad	Crispy Chicken Chunks Crispy chicken chunks served with oven baked chips and baked beans	Fresh Pork Sausage on a Bap Fresh pork sausage served on a bap with onions and oven baked chips
old ption	Sandwiches Assorted filled sandwiches served with unlimited salad from the salad bar		<b>Toasties</b> Toasties served with a variety of filling and chopped salad		Wrap Assorted filled wraps with a choice of cheese, ham and tuna filling and chopped salad		Baguette Assorted filled small baguette with a choice of cheese, ham and tuna filling and chopped salad		Sandwiches Assorted filled sandwiches served with unlimited salad from the salad bar	
ssert	Vanilla cookie / Fresh fruit / Yogurt / Homemade biscuit		Banana loaf / Fresh fruit / Yogurt / Homemade biscuit		Homemade courgette and lemon muffin / Fresh fruit / Yogurt / Homemade biscuit		Apple sponge and custard / Fresh fruit / Yogurt / Homemade biscuit		Homemade chocolate muffin / Fresh fruit / Yogurt / Homemade biscuit	
	Menu B	Menu (	C Me	enu D	1			and and	a an	N D
Cycle	Week 1 Wee	k 2 Week 3								
Wed     Thu       4     5       11     12       18     19			3 4 10 11	Arenu 11 12	6 7 13 14	8 pruary	1 2 3 8 9 10	Thur Fri 4 5 11 12 18 19	Mon Tue 1 7 8 14 15	Wed     Thur     Fri       2     3     4       9     10     11       16     17     18
	tions cold obion ssert Meal tions cold obion ssert cold obion ssert cold obion ssert cold obion ssert	Meal tionsCheese Fian Homemade cheese fian served with wholewheat pasta salad and seasonal vegetablescold otionToast Toasties served with and chopssertCarrot, banana and of Fresh fruit / YogurtMeal tionsCheese and Tomato Pizza Homemade cheese and tomato pizza slice served with potato wedges and chopped saladfold otionSandw Assorted filled sa with unlimited saladcold otionPineapple upside dov Fresh fruit / Yogurtfold otionSouthern Style Chicken Wrap Fresh chicken fillet with a southern style cripy crumb coating served in a tortilla wrap with herby diced potatoes and chopped saladfold otionSouthern Style Chicken Wrap Fresh chicken fillet with a southern style cripy crumb coating served in a tortilla wrap with herby diced potatoes and chopped saladfold otionSouthern Style Chicken Wrap Fresh chicken fillet with a southern style cripy crumb coating served in a tortilla wrap with herby 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fruit / Yogurt / Homemade biscuit     Meal tions   Carrot, banana and orange cream scone / Fresh fruit / Yogurt / Homemade biscuit     Meal tions   Carrot, banana and orange cream scone / Fresh fruit / Yogurt / Homemade biscuit     Meal tions   Sandwiches     Meal tions   Pizza Momemade cheese and outstard / Fresh fruit / Yogurt / Homemade biscuit     Sector   Assorted filled sandwiches served with a choice of sold ot chopped salad     sector   Southern Style Chicken Wrap Tresh fruit / Yogurt / Homemade biscuit     Meal tions   Southern Style Chicken Wrap Tresh chicken filled sandwiches served with a choice of filling and chopped salad     sector   Southern Style chose served with a choice of filling and chopped salad     cold obtion   Sacket Potato Sacroted filled sandwiches served with a choice of	Meal tions   Cheese Fian served with wholewheat seasonal wegetables   Jacket Potato served with a choice of filing and chopped salad   Cottage Pie Minced beef with creamed potato topping served with seasonal wegetables     old botion   Toasties   Sand     ssert   Toasties and orange cream scone / Fresh fruit / Yogurt / Homemade biscuit   Stand     Meal tions   Cheese and Tomato Piza   Jacket Potato and toward with a variety of filing and chopped salad   Chocolate crur Yogurt / Homemade biscuit     Meal tions   Cheese and Tomato Piza   Jacket Potato and Tuna domato peiza sile served with a fresh tuna filing and chopped salad   Cheese and Tomato Piza   Moc Mage   Cheese Served with a variety of filing and chopped salad     Meal tions   Sandwiches   Served with multimed salad salad bar   Macket Potato and Tuna Jacket potato served with a fresh tuna filing and chopped salad   Weat Served with and tuna with a fresh tuna filing and chopped salad   Weat Served with a choice of salad bar   Meal Served with a choice of salad bar   Meal Served with a choice of salad bar   Meal Served with and tuna weat with herly dice     Meal tions   Suthern Style   Jacket Potato J	Meal   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